

PROFESSIONAL PROFILE

Christopher Checke, LMHC, CAP, LLC

Psychotherapy • Consulting • Training • Coaching • Clinical Supervision



Christopher Checke, LMHC, CAP
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I have worked in the behavioral healthcare field since 1996, and in South Florida, since 1999. I have dedicated my life and career to helping others throughout our community.

My professional experience includes private practice work, community behavioral healthcare, substance abuse treatment & prevention, program leadership, consulting, and clinical supervision. I have taught at the college level and also train other clinicians by offering presentations and workshops at conferences and within agencies.

I have worked closely with several non-profit agencies in the areas of grant management, program development, evaluation, community outreach, executive leadership development, group facilitation, strategic planning, and continuous quality improvement.

Currently, I am a consultant for local non-profit agencies and serve on several community-based boards, committees and initiatives.

Education

Nova Southeastern University

- Master of Science in Mental Health Counseling
- Master of Business Administration in Health Services Administration

The University of Tampa

- Bachelor of Arts in Psychology with Minors in Business Administration and Spanish

Credentials

- Licensed Mental Health Counselor
- National Certified Counselor
- Master Addiction Counselor
- Certified Addictions Professional
- Qualified Supervisor for Mental Health Counselor Interns

Professional Affiliations

- American Counseling Association
- Mental Health Association of Broward County
- American Psychotherapy Association
- National Association of Alcoholism and Drug Abuse Counselors
- American Mental Health Counseling Association

Experience

Clinical

- Over 20 years of behavioral healthcare experience in outpatient, residential, and private practice settings.
- Providing individual counseling, couples therapy, family therapy, coaching, and career counseling as well as intervention and evaluation services for substance abuse.
- Specializing in depression, anxiety, relationships, self-esteem, shame-resiliency, trauma, intimate partner abuse, sexual health, addiction, codependency, and coping with chronic medical conditions.
- Skilled in Cognitive-Behavioral Therapy, Psychodynamic Psychotherapy, Motivational Enhancement Therapy, Strength-Based Counseling, and Systems Approaches.

Administrative & Financial

- Extensive knowledge of local, state, and federal regulations.
- Broad experience in contract management, utilization management, contract compliance, contract auditing, internal and external auditing, regulatory licensing, financial reporting, and budgeting.
- Knowledge of continuous process improvement and quality assurance strategies in all aspects of service delivery.

Leadership & Supervision

- Supervision through value-driven leadership, coaching, staff development, and mentoring.
- Experience in community-wide program oversight, program evaluation, and implementation of clinical supervision programming.
- Strong ability to integrate service delivery and clinical supervision with administrative oversight.